

School Meal Program

The School Meal Program is a district service in Abbotsford School District. The primary purpose of the program is to provide lunches and snacks to students who come to school hungry due to financial hardships experienced by their families.

Scientific research provides compelling evidence that poor nutrition negatively impacts behavior, school performance and cognitive development in children.

Students in need of this service are identified by a teacher, support staff, counsellor, and/or school's administrator. Parents or guardians may self-refer based on the information received from their school. All information regarding the family's financial needs is kept strictly confidential within the school office.

The School Meal Program is primarily funded through a grant from the Ministry of Education; however contributions from the school, parents of students who participate in the program and/or from private donations are appreciated and necessary. While we rely on contributions to keep the program running for the benefit of all needy children, no disadvantaged child will be turned away because of an inability to contribute.

The menu for the lunches has been developed in consultation with the Ministry of Health, the Public Health Nutritionist and in accordance with Canada's Food Guide. The menu provides 1/3 of the daily nutritional requirements of students. The lunch typically consists of milk or juice, a sandwich or similar entrée and fruit or dessert.

Parents who feel their child(ren) qualify to participate in this Program, should contact their school administrator or the Program Coordinator at 604-504-4610, Ext. 1814.