



**M E N T A L
H E A L T H**

**L E A R N I N G
S E R I E S**

THE ABBOTSFORD SCHOOL DISTRICT IN
PARTNERSHIP WITH CHILD AND YOUTH
MENTAL HEALTH PRESENTS A MONTHLY
MENTAL HEALTH LEARNING SERIES

THIS MONTHS TOPIC: ANXIETY

When: Monday, September 28th

Time: 3:00 - 4:00

Where: Google Meets

TO REGISTER EMAIL:
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