

Ministry of Children and Families Child and Youth Mental Health (CYMH)

Abbotsford Child and Youth Mental Health (CYMH) provide a range of assessment and treatment options for children (0-18yrs) and their families.

CYMH services include intake/referral, consultations, parenting programs, group treatment, family treatment, individual treatment, educational events, and community planning

To access the services of CYMH in Abbotsford, children, youth and families begin a referral by attending the CYMH intake clinic for a screening interview. This initial meeting will typically last 1-2 hours. Upon completion of this interview, a CYMH clinician will provide you with information and details on the next steps in the process. In the Abbotsford area, the intake clinic is open each Tuesday from 9-4pm. No appointment is necessary but morning attendance is recommended when possible. The focus of the intake clinic is on connecting families with treatment resources through our services or others in the community. Parents are encouraged to attend the intake clinic with their child or youth if possible.

For more information please call CYMH at 604-870-5880 or the CYMH School Liaison at 604-504-4610